

Remote Employment: Feeling like a Part of the **Community Instead of Apart** From the Community Katharine Spain Senior Biostatistician Katie spain@rhoworld.com

Background

- In 2018, 42% of those 25 and older with advanced degrees performed some work at home*
- Study in 2018 found that of employees that did not currently work from home, 65% would like to work from home at least once a month**
- 51% of remote employees reported working remotely to improve work/life balance
- Sense of community leads to purpose-driven and engaged employees
 - However this can be difficult to achieve with remote employees

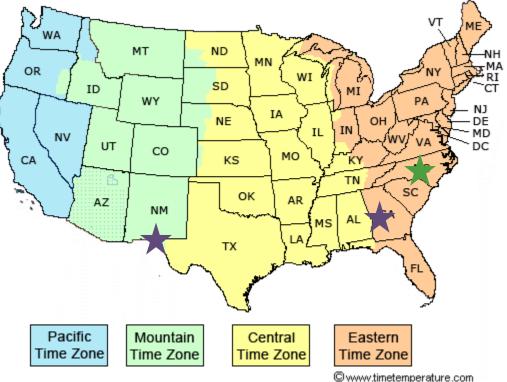
Giving flight to research.

*"Table 6. Employed Persons Working at Home, Workplace, and Time Spent Working at Each Location by Full- and Part-Time Status and Sex, Jobholding Status, and Educational Attainment, 2018 Annual Averages." *U.S. Bureau of Labor Statistics*, U.S. Bureau of Labor Statistics, 19 June 2019, <u>https://www.bls.gov/news.release/atus.t06.htm</u>.

**Pin, Estelle. "Our New Study Takes a Deeper Look into 'the State of Remote Work." *Our New Study Takes a Deeper Look into "the State of Remote Work"*, 23 Feb. 2018, https://www.tinypulse.com/blog/the-state-of-remote-work.

Personal Experience

- Started working at Rho in September of 2006
 - In the office for the first 6 years
 - Remote employee for the last 7 years
 - ³/₄ time for 4.5 years





Personal Experience

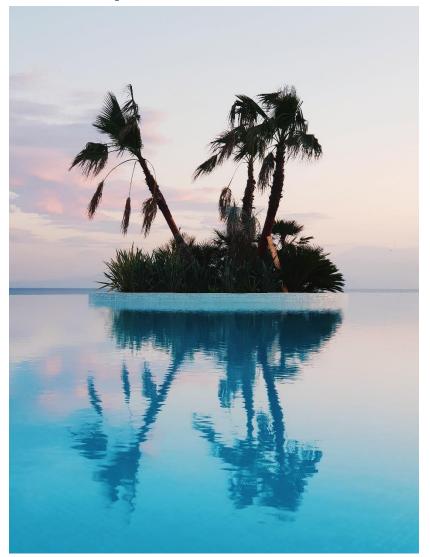




Photo by Martin Widenka on Unsplash

Personal Experience

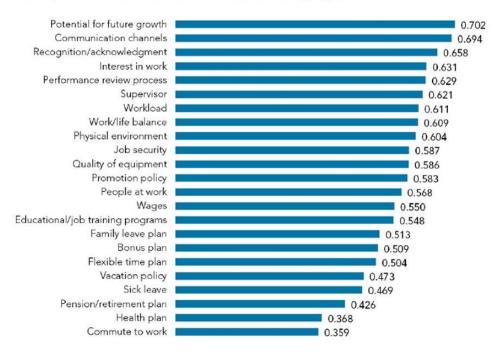




Areas of Focus

Most of the top drivers of job satisfaction are related to employee development and communication practices

Job component correlation to overall satisfaction (2011-2018 aggregate)



Source: The Conference Board, 2019.

Levanon, Gad, et al. "Poll: Job Satisfaction Climbs to Highest Level in Over Two Decades." *The Conference Board*, The Conference Board, 29 Aug. 2019, https://www.conference-board.org/press/press/detail.cfm?pressid=9160.

- Set Boundaries
- Water Cooler Chats
- Utilizing Technology
- Employee
 Development
- Employee Recognition



Communicate Boundaries

- Set clear boundaries and work habits
 - Over-communicate in the beginning
 - Keep calendar up to date
 - OOO for coming month
 - Email regarding your standard schedule
 - Normal working hours
 - Response time for email, voicemail, instant messaging





Communicate Boundaries



Cartoon by Phil Johnson



Keep Up With Office Chatter

- Make time in your weekly schedule to check in with co-workers
- Follow any company forums where company-wide information is posted
- Employers can send out monthly emails of office information including new hires, employees leaving, major business news
- Team wide emails to share personal photos for events/holidays

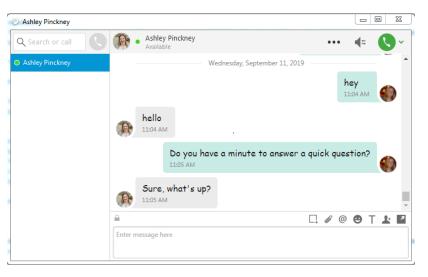


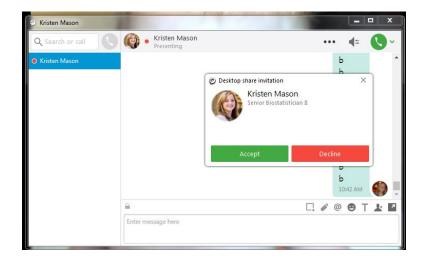
Cartoon by Phil Johnson



Utilize Technology

- Use chat platform to "pop-in" to a co-worker's office to check if available for impromptu questions
- Screen Sharing software
 - Extremely helpful when troubleshooting coding issues or reviewing documents as a group
- Set up group chat for all coworkers that will be attending an external meeting
 - Allows for internal team discussion throughout the call as if you were in the same room







Utilizing Technology

- Web Meetings
 - Allow everyone to feel like they are in the same place
- Video Conferencing
 - Useful at the beginning of remote employment to put faces with names

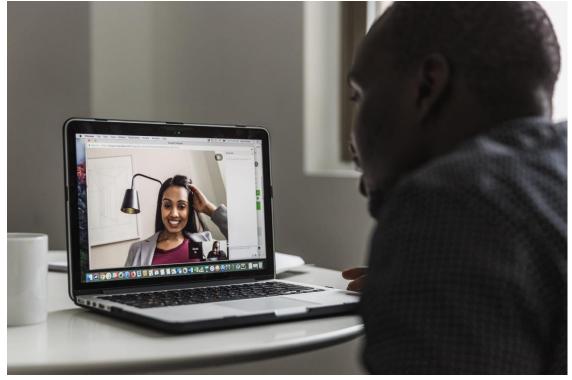




Photo by Matthew Henry from Burst

Career Growth

- While career growth is always the responsibility of the employee, it is even more important to have an active role in your development as a remote employee
 - Advocate for yourself
 - Fewer informal network opportunities and limited face time leads to need to schedule feedback discussions regarding your career trajectory
 - Express areas of interest and areas for professional development
 - Track goals and career milestones
 - In-office mentor
 - Acts as a conduit of information for remote employee for training/growth opportunities
 - Ask for remote component to offered in-office training
 - If not possible, consider a trip to the office for training



Avenues for Appreciation/Recognition



Photo by Adam Jang on Unsplash



Other Steps as an Employer



- Bring remote employees into the office for onboarding
 - Have different team members provide training
- Provide documentation to reference when remote
- Schedule check-ins with manager
 - More frequent at start of remote employment
 - Develops open line of communication for feedback
 - Reduce frequency as needed



Other Steps as an Employer

- Remote Employee Specific Meetings
 - Ability to discuss amongst remote employees
 - Raise issues specific to remote employees
- Employer Meet-ups
 - Host meet up events if you have multiple remote employees in the same area





Any Questions?

