

Insider Guide to **NASHVILLE**



Courtesy of the ASA Middle Tennessee Chapter & Department of Biostatistics,
Vanderbilt University Medical Center

Places to Eat CONVENTION CENTER



Martin's Bar-B-Que Joint - Tennessee-Style BBQ (5 min walk)

etch - New American (8 min walk)

*Cafe Intermezzo - European Coffeehouse (9 min walk)

Bakersfield - Tacos & Tequila (9 min walk)

*Robert's Western World - Honky-Tonk, Live Music (10 min walk)

Assembly Food Hall - 30+ Global Eateries (10 min walk)

Jack's Bar-B-Que - Nashville Style BBQ (10 min walk)

The Southern Steak & Oyster - Southern Steakhouse (10 min walk)

Peg Leg Porker - BBQ & Bourbon (11 min walk)

*Hattie B's Hot Chicken - Famous Hot Chicken (11 min walk)

Boqueria - Spanish Tapas (11 min walk)

Maiz de la Vida - Mexican (11 min walk)

House of Cards - Magic-Themed Dining (11 min walk)

The Patterson House - Cozy Bar (12 min walk)

Puckett's Restaurant - Southern Comfort (13 min walk)

*Crema Coffee Roasters - Zero-Waste Cafe (13 min walk)

*Rise Southern Biscuits & Righteous Chicken - (14 min walk)

Acme Feed & Seed - Southern Fusion (14 min walk)

Husk - Classic Southern (15 min walk)

Check out **Eater's** for more suggestions.

Look for the asterisk (*). It means a local let you in on a great insider tip!

Check out the last page for the details.





PLACES TO EAT



GERMANTOWN

Bearded Iris Brewing
The Cupcake Collection
Henrietta Red
Little Hats Market
Tailgate Brewery
Tempered Fine Chocolates



EAST NASHVILLE

Bad Idea
Butcher & Bee
Café Roze
Flora & Fauna Café and Roaster
Hi-Fi Cookies
Kore
Lyra
Margot Café & Bar
Noko
Once Upon a Time in France
Smith & Lentz Pizza & Brewing

SYLVAN PARK, THE NATIONS, AND WEST NASHVILLE

Anatolia Turkish Restaurant
answer.
Bobbie's Dairy Dip
Miel
Sonobana
Stay Golden



PLACES TO EAT



North Nashville

[A Roi by Smiley Thai](#)

[Riddim n Spice](#)

[Slim & Husky's Pizza Beeria](#)

[Tio Fun!](#)

[*VegeIicious](#)



Belmont/ Hillsboro Village

[International Market](#)

[Proper Bagel](#)

[Fido](#)

[Pancake Pantry](#)

[Supper Club](#)



Berry Hill / 12 South

[Gojo Ethiopian](#)

[OSH Restaurant & Grill](#)

[The Butter Milk Ranch](#)

[Urban Grub](#)



Midtown/Vanderbilt University/West End

[Cocorico](#)

[Fleming's Prime Steakhouse](#)

[Red's Hot Chicken](#)

[Shabu Shabu Hot Pot & Grill](#)

[Uzbegin Halal](#)

PLACES TO GO



Museums, History, & Art

Country Music Hall of Fame

*Frist Art Museum

*Tennessee State Museum

National Museum of African American Music

Fisk University Galleries

Ryman Auditorium

Nashville Public Library

Station Inn

The Outdoors

Bicentennial Capitol Mall State Park

Centennial Park

Cheekwood Estate & Gardens

Radnor Lake State Park

Warner Parks

Vanderbilt Arboretum Tree Tours



Shopping

The Mall at Green Hills

12 South Neighborhood

The Gulch

Fatherland District

Thunder Moon Collective

Fifth + Broadway

The Bookshop

Novelette Booksellers

Rhino Booksellers

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Sports & Adventure

Bike the Greenway

*The Climb Gyms

*Geodis Park (Major League Soccer Club)

*Nashville Sounds (Minor League Baseball)



Nightlife

*Lipstick Lounge

*Pinewood Social

The Pool Club

Bluebird Cafe

*Zanies Nashville



TIPS FROM LOCALS

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*Cafe Intermezzo

"They have a variety of delicious pasta dishes and savory crepes ... but the cakes are the real star of the show, so I would try to leave room for dessert."

*Robert's Western World

"Honky-tonk with cover bands specializing in country music no later than the 1970s. They offer a Recession Special that includes a fried bologna sandwich, chips, PBR, and Moon Pie for \$6"

*Hattie B's

"Order for pickup through the app to skip the line; it's super popular and the lines get LONG!"
"Prince's is the original and Bolton's has been around a long time. Hattie B's is more tourist-friendly."

*Crema Coffee Roasters

"The lattes, including matcha, here are excellent. They have an assortment of locally baked goods that usually sell out in the morning ... they have Wi-Fi but not power outlets."

*Rise Southern Biscuits and Righteous Chicken

"You can't miss their donuts and glazed blueberry biscuits!"

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*Vegeticious

"Delish vegan soul food, but you cannot be in a hurry."

"(Bourbon Sky) The bar atop the JW Marriott has a glass floor that lets you feel like you are floating above the city -- but otherwise, too expensive to spend any time there."

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*Tennessee State Museum

"Admission is FREE! Don't forget to go through the music exhibit after you do the main chronological exhibit! The museum shares a parking lot with the Nashville Farmer's Market and Bicentennial Park, so it's really three attractions for the price of nothing."

*Frist Art Museum

"Free for 18 and younger; fabulous interactive art-making space on the second floor."

*Nashville Sounds

Class AAA minor league baseball. Home games August 5-10.

*Zanies Nashville

"Comedy shows; New Material Mondays with local comics."

*The Climb Gyms (Wet Nashville/Berry Hill/East Nashville)

"The West location for top-rope; Kraft and East locations are for good bouldering"

*Geodis Park

Nashville Soccer Club vs. Aston Villa International on August 2

*Pinewood Social

"Pinewood's got everything! Coffee shop, restaurant, pool and patio, and bowling alley! The fried broccoli is a must-try."

*Lipstick Lounge

"Karaoke is NOT for amateurs."

