Insider Guide to PORTLAND

Courtesy of the ASA Oregon Chapter
Plates to Eat
CONVENTION CENTER

**Wild Bean Coffee Bar** - Pastries $ (4 min. walk; at Hotel Eastlund)

**Metropolitan Tavern** - American $$ (4 min. walk; at Hotel Eastlund)

**Burgerville** - Portland's favorite fast food burger $ (4 min. walk)

**J Cafe** - Coffee, Light Breakfast, and Sandwiches $ (5 min. walk)

**Green Bridge Coffee** - Small Bites $ (6 min. walk)

**Red Robin** - Burgers $$ (6 min. walk)

**Café Yumm** - Rice Bowls, Wraps, and Salads $ (7 min. walk)

**Bistro Elysium** - Asian Fusion $$ (7 min. walk)

**Roseline Coffee** - Pastries $ (7 min. walk)

**Pacific Standard** - Drinking and Dining Hall $ - (8 min. walk)

**Bao Bao** - Steam Buns and Dumplings $ - $$ (10 min. walk)

**Mirakutei** - Sushi and Ramen $$ - (11 min. walk)

**Rontoms** - Bar/Restaurant $$ - (12 min. walk)

**Wayfinder Beer** - Brewpub $$ - (14 min. walk)

Check out [Eater's](#) for more suggestions, including the area around the [convention center](#).
Places to Eat

NORTHEAST PORTLAND

Bluefin Tuna & Sushi - Sushi $$$
Cafe Olli - Pizza and Pastries $$
Cartside Food Carts - Variety $$-$$$-
Gabbiano’s - Italian $$
La Buca - Italian $$
McMenamins Kennedy School - Variety $$-$$$-
Migration Brewing - Brewpub $$-
Ox - Argentinian $$-
Petite Provence Boulangerie - French $$
Queen of Sheba Restaurant - Ethiopian $
Stammtisch - German $$
Tin Shed Garden Cafe - American $$

SOUTHEAST PORTLAND

Afuri - Japanese $$
Cartopia - Variety $
Cibo - Italian $$
Crema - Coffee and Bakery $
Hey Love - Brewpub $$-
Kachka - Eastern European $$-
Ken’s Artisan Pizza $$-
Loretta Jean’s - Pie Bakery $
Nicholas - Middle Eastern $$-
Nostrana - Italian $$-
Revolution Hall - Brewpub $$-
Petite Provence Boulangerie - French $$-
Screen Door - Comfort Food $$-
White Owl Social Club - Vietnamese $$-
Places to Eat

Southwest Portland - Downtown

Afuri Izakaya - Japanese $$
Departure - Pan Asian $$$
Dough Zone - Chinese $$
Higgins - Pacific Northwest $$$
Luc Lac Vietnamese Kitchen $
Mother's Bistro & Bar - Comfort Food $$
Pine Street Market Food Hall - Variety $$
Southpark Seafood - $$
Voodoo Doughnut - $
Portland City Grill - American $$$
Tanaka - Japanese $$

Northwest Portland - Downtown

Andina - Peruvian $$$
Deschutes Brewery Portland Public House - $$
Screen Door - Southern Comfort $$

Northwest Portland - NW 23rd Area

Besaws - Comfort Food $$
Ken's Artisan Bakery - $$
Marrakesh - Moroccan $$
Papa Haydn - Pacific Northwest $$
Swagat Indian Cuisine - $$
### Places to Go

#### Gardens
- International Rose Test Garden
- Portland Japanese Garden
- Hoyt Arboretum
- Lan Su Chinese Garden
- Crystal Springs Rhododendron Garden
- Peninsula Park Rose Garden

#### Arts and Culture
- Portland Art Museum
- Powell’s Books
- Oregon Rail Heritage Center
- The Grotto

#### Family Fun
- Oaks Amusement Park
- Grand Central Bowl
- Haunted Underground Shanghai Tunnels Tour
- Next Level Pinball Museum
- Oregon Museum of Science and Industry
- Oregon Zoo

#### Shopping
- Portland Saturday Market  
  *(Open Saturdays 10-5 and Sundays 11-4:30)*  
  2 SW Naito Parkway

#### More Fun
- Portland Spirit Cruise
- Portland Aerial Tram
- Portland Rock Gym
- Urban Adventure Quest
Things to Do

**TRAILS**

- **Tom McCall Waterfront Park**
  - Trails passing along the convention center:
    - Classic downtown waterfront loop walk
    - Willamette Greenway and Eastbank Esplanade Trail
    - Portland Waterfront and Southwest Hills
  - **Burnside Bridge and Tilikum Crossing Loop**

- **NW Stairs and Trails Loop Walk**

- **Washington Park / Hoyt Arboretum**
  - More Hoyt trails

- **Pittock Mansion**

- **Forest Park**

- **4T Trail** (Trail, Tram, Trolley, Train)
  - Part of trail is **closed**; tickets required for air tram

- **Oaks Bottom Wildlife Refuge**

- **Powell Butte**

- **Marine Drive**

- **Additional Running Routes**
  - Portland Running Company
  - Map My Run Portland Running Routes
Outside Portland

SOUTH OF PORTLAND, THE COAST, AND WASHINGTON STATE

Silver Falls State Park: Trail of Ten Falls
Wine Tasting in the Willamette Valley
Tillamook Creamery (Route Cannon Beach)
Cannon Beach
Ecola State Park
Oswald West State Park
Astoria

Beacon Rock State Park
Dog Mountain (Washington State Side)
Hamilton Mountain

COLUMBIA RIVER GORGE AND MT. HOOD

Multnomah Falls – Reservation Required
Vista House at Crown Point
Bridal Veil Falls
Horsetail Falls
Latourell Falls
Angel’s Rest
Bonneville Dam
Bridge of the Gods
Rowena Crest Viewpoint and Trails
Hood River: restaurants, water sports, e-bikes, art galleries, shopping, farm stands, wineries and distilleries

Trillium Lake
Mount Hood Hiking
Tamanawas Falls Hike
Timberline Lodge