#### ASA Biopharmaceutical Section Workshop

Washington, DC

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## Causal versus Casual Inference

What Happens When I Take This Medication?

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#### Eli Lilly

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# Outline

#### **Motivation**

Tripartite Approach

**Estimators for Causal Inference** 

Example

Discussion



# Climbing Mt Kilimanjaro

How long is the hike on Mt. Kilimanjaro?



19,341 feet

On day 6, hikers take on average 4.65 hours.



# Climbing Mt Kilimanjaro

How long is the hike on Mt. Kilimanjaro?



19,341 feet



20%4 hoursLack endurance



45%7 hoursStick to the plan



35%2 hoursAdverse event

# What Is the Right Answer?

"Intent to hike" estimate? (4.65 hrs)

Completers/adherers estimate? (7 hrs)

The whole story? (all three parts)

What does the traveler (i.e. patient) want to know?

WHAT DO YOU WANT TO KNOW?

What would you tell your loved one?



# What are the Right Questions?

Patient / Physician

What happens when I take this medication?

#### Researcher

What are the causal effects of treatment?

#### **Regulator**

What are the benefits and risks of treatment?

Bringing data to life.

## ICH Draft Addendum

#### A.3 ESTIMANDS

#### A.3.1 Description

"A central question for drug development and licensing is to **quantify treatment effects**: how the outcome of treatment compares to what would have happened to the same subjects under different treatment conditions (e.g. had they not received the treatment or had they received a different treatment)."



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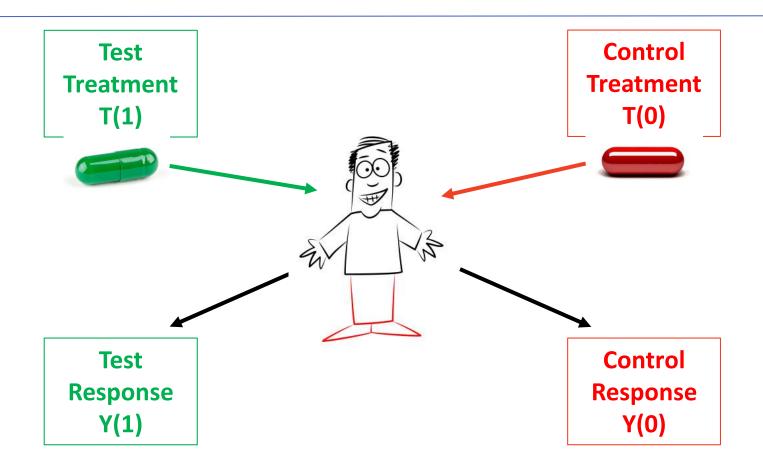
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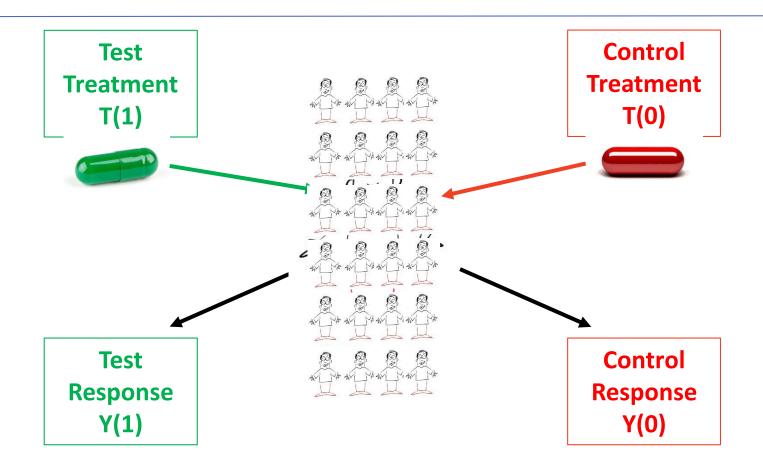
## **Treatment Effect**



Treatment Effect = Y(1) - Y(0)



## **Treatment Effect**



Estimator =  $\Sigma [Y_i(1) - Y_i(0)] / N$ 



## Outline

Motivation

#### **Tripartite Approach**

**Estimators for Causal Inference** 

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# The Tripartite Approach\*

#### Three Causal (and clinically meaningful) Estimands

- 1. The proportion of patients that discontinue treatment due to adverse effects
  - Can also assess time to discontinuation
- 2. The proportion of patients that discontinue treatment due to lack of efficacy
  - Need to assess time to discontinuation
- 3. For those who could adhere to their treatment, what is the treatment difference for the primary efficacy response
  - Must assess safety in this group as well

Akacha, Bretz, Ruberg (2017). Estimands in clinical trials – broadening the perspective. Stat in Med 36:1, 5-19. Ruberg, Akacha (2017). Considerations for Evaluating Treatment Effects from Randomized Clinical Trials. Clin Pharm & Ther 102:6, 917-923.



# The Tripartite Approach

#### Estimands (1) and (2) are pretty easy

- All randomized patients provide a response
- Categorical or survival analysis
- Can include models for important covariates
- Could consider competing risks as a more complex assessment

#### Estimand (3) is more difficult

- Patients are self-selected (i.e. non-randomized)
- Akin to an observational study
- Casual inference approach Completers Analysis
- Causal inference approach Counterfactual / IPW



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#### **Estimators for Causal Inference**

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For T(0) [CONTROL]
A(0) = 0 for non-adherence
= 1 for adherence

For T(1) [EXPERIMENTAL]
A(1) = 0 for non-adherence
= 1 for adherence

	Experimental Treatment Adherence		
Control Treatment Adherence	A(1) = 0	A(1) = 1	A(1) ∈ {0, 1}
A(0) = 0	NA	NA	NA
A(0) = 1	NA	A++	A+*
$A(0) \in \{0, 1\}$	NA	A*+	A**

Population of patients who can adhere to Experimental AND Control treatments.



For T(0) A(0) = 0 for non-adherence = 1 for adherence For T(1)
A(1) = 0 for non-adherence
= 1 for adherence

	Experimental Treatment Adherence		
Control Treatment Adherence	A(1) = 0	A(1) = 1	A(1) ∈ {0, 1}
A(0) = 0	NA	NA	NA
A(0) = 1	NA	A++	A+*
$A(0) \in \{0, 1\}$	NA	A*+	A**

Population of patients who can adhere to the Experimental treatment *regardless* of adherence to the Control treatment.



For T(0) A(0) = 0 for non-adherence = 1 for adherence For T(1)
A(1) = 0 for non-adherence
= 1 for adherence

	Experimental Treatment Adherence		
Control Treatment Adherence	A(1) = 0	A(1) = 1	A(1) ∈ {0, 1}
A(0) = 0	NA	NA	NA
A(0) = 1	NA	A++	(A+*)
A(0) ∈ {0, 1}	NA	A*+	A**

Population of patients who can adhere to the Control treatment *regardless* of adherence to the Experimental treatment.



For T(0) A(0) = 0 for non-adherence = 1 for adherence For T(1)
A(1) = 0 for non-adherence
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	Experimental Treatment Adherence		
Control Treatment Adherence	A(1) = 0	A(1) = 1	A(1) ∈ {0, 1}
A(0) = 0	NA	NA	NA
A(0) = 1	NA	A++	A+*
A(0) ∈ {0, 1}	NA	A*+	(A**)

**Population of All Randomized patients.** 



#### **General Framework**

Let 
$$S \in \{A++, A*+, A+*, A**\}$$

$$E[Y(1) - Y(0) | S]$$



Estimand definition requires POPULATION

It's more than Inclusion/Exclusion criteria!

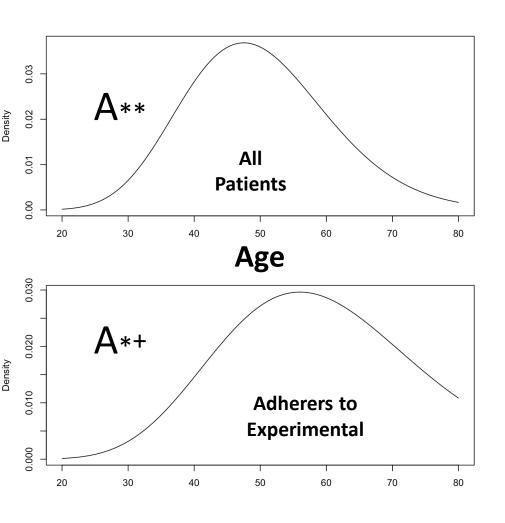
WHAT 
$$S \in \{A++, A*+\}$$
 A+\*, A\*\* } are you interested?

$$E[Y(1) - Y(0) | S]$$

#### **Placebo controlled trials**

The population of patients adherent to Experimental treatment regardless of adherence to Placebo.





Estimand definition requires POPULATION

It's more than Inclusion/Exclusion criteria!

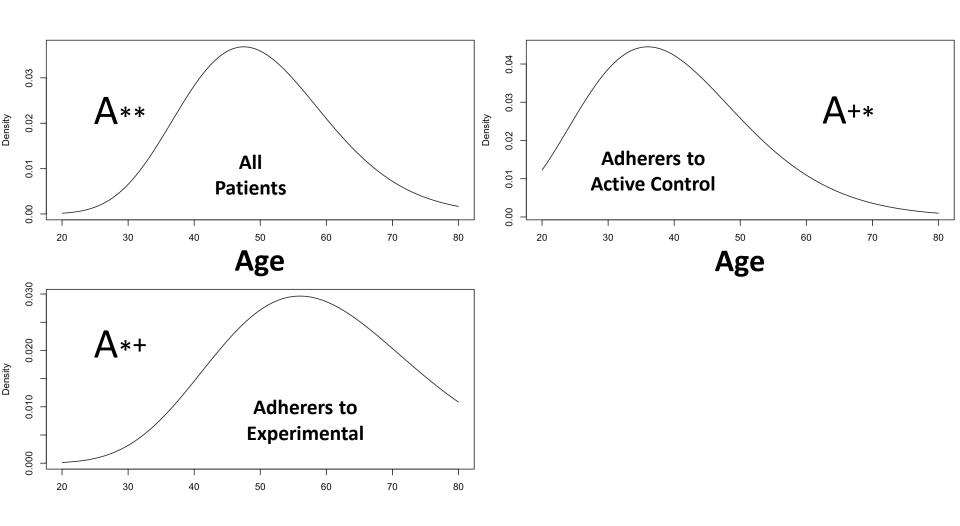
WHAT 
$$S \in \{A++, A++, A++\}$$
 A\*\* } are you interested?

$$E[Y(1) - Y(0) | S]$$

#### **Active controlled trials**

?? ?? ?? ?? ?? ?? ?? ?? ?? ?? ?? ??





Estimand definition requires POPULATION

It's more than Inclusion/Exclusion criteria!

WHAT 
$$S \in \{A++, A*+, A+*, A**\}$$
 are you interested?

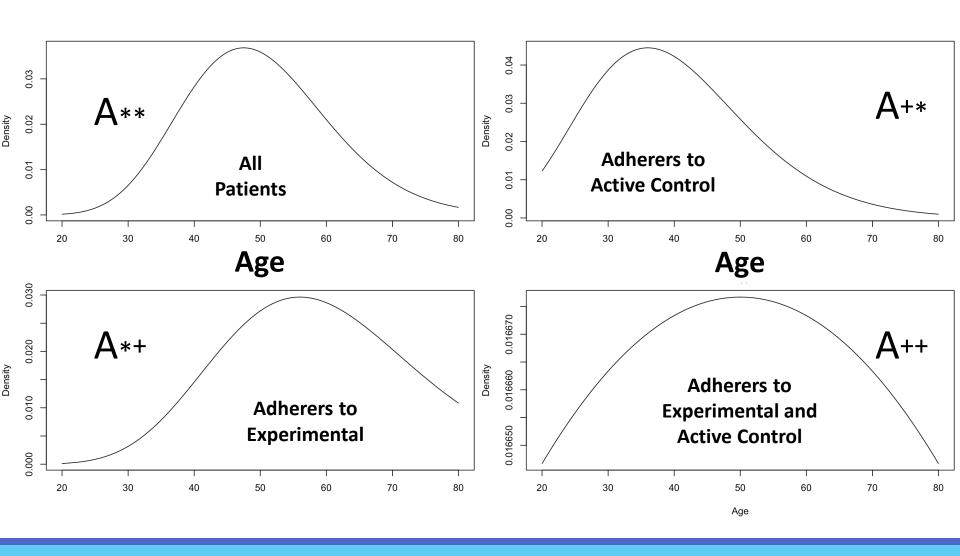
$$E \{ Y(1) - Y(0) | S \}$$

#### **Active controlled trials**

The population of patients adherent to both the Experimental treatment and the Active Control treatment.



Bringing data to life



Estimand definition requires POPULATION It's more than Inclusion/Exclusion criteria!

WHAT 
$$S \in \{A++, A*+, A+*, A+*, A**\}$$
 are you interested?

$$E[Y(1) - Y(0) | S]$$

The Intent-to-Treat Population (all randomized patients).



#### Method A – Counterfactual

- Build a model of response (Y) based on baseline covariates (X) and post-randomization data (Z)
- Create a "virtual twin"
- Predict response on the unobserved treatment
- Compare observed response with predicted response of "twin"

#### This is consistent with the ICH-E9(R1) statement:

"quantify treatment effects: how the outcome of treatment compares to what would have happened to the same subjects under different treatment conditions (e.g. had they not received the treatment or had they received a different treatment)."



#### Method B – Inverse Probability Weighting (IPW)

- Estimate the probability that a patient from the unobserved treatment (e.g. Control) would adhere to the observed treatment (e.g. Experimental)
- Use IPW to estimate the average response for the population (A<sub>ij</sub>)
  of interest.

#### This is consistent with the ICH-E9(R1) statement:

But takes a different approach



#### Population Method A: Estimator Based on Distribution of (X, Z, Y)

$$A_{**}$$

$$A_{*+}$$

$$A_{+*}$$

$$A_{++}$$

$$\frac{1}{n_{1}} \sum_{j \in \{j: T_{j}=1\}} \hat{\psi}_{1}(X_{j}, Z_{j}) - \frac{1}{n_{0}} \sum_{j \in \{j: T_{j}=0\}} \hat{\psi}_{1}(X_{j}, Z_{j}).$$

$$\frac{1}{n_{11}} \sum_{j} T_{j} A_{j} Y_{j} - \frac{1}{n_{11}} \sum_{j} \hat{\phi}_{0}(X_{j})$$

$$\frac{1}{n_{01}} \sum_{j} \hat{\phi}_{1}(X_{j}) - \frac{1}{n_{01}} \sum_{j} (1 - T_{j}) A_{j} Y_{j}$$

$$\frac{\sum_{j} \hat{\varphi}_{1}(X_{j})(1 - T_{j}) A_{j}}{\sum_{j} \hat{h}_{1}(X_{j})(1 - T_{j}) A_{j}} - \frac{\sum_{j} \hat{\varphi}_{0}(X_{j}) T_{j} A_{j}}{\sum_{j} \hat{h}_{0}(X_{j}) T_{j} A_{j}}$$

#### Population Method B: Estimator Based on Distribution of (X, Z, A)

$$A_{**}$$

$$A_{*+}$$

$$A_{+*}$$

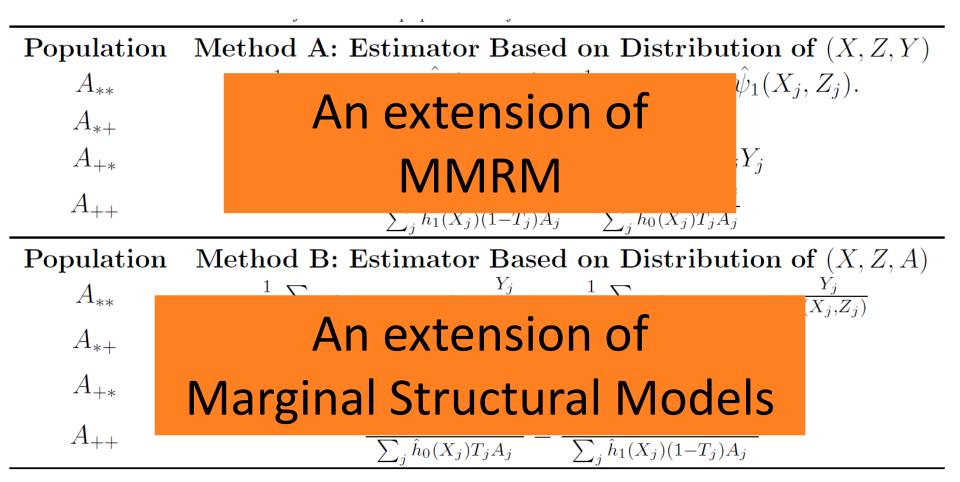
$$A_{++}$$

$$\frac{1}{n_1} \sum_{j \in \{j: T_j = 1, A_j = 1\}} \frac{Y_j}{\hat{g}(X_j, Z_j)} - \frac{1}{n_2} \sum_{j \in \{j: T_j = 0, A_j = 1\}} \frac{Y_j}{\hat{g}(X_j, Z_j)}$$

$$\frac{1}{n_{11}} \sum_{j} T_j A_j Y_j - \frac{n_1}{n_0 n_{11}} \sum_{j} \frac{\hat{h}_1(X_j)(1 - T_j) A_j Y_j}{\hat{g}(X_j, Z_j)}$$

$$\frac{n_0}{n_1 n_{01}} \sum_{j} \frac{\hat{h}_0(X_j) T_j A_j Y_j}{\hat{g}(X_j, Z_j)} - \frac{1}{n_{01}} \sum_{j} (1 - T_j) A_j Y_j$$

$$\frac{\sum_{j} \hat{h}_0(X_j) T_j A_j Y_j}{\sum_{j} \hat{h}_0(X_j) T_j A_j} - \frac{\sum_{j} \hat{h}_1(X_j)(1 - T_j) A_j Y_j}{\sum_{j} \hat{h}_1(X_j)(1 - T_j) A_j}$$



Under certain reasonable assumptions, these estimators are consistent

Our simulations studies show they are unbiased

- Even with modest sample sizes (N = 150 / treatment)
- For different discontinuation patterns
  - Differential discontinuation on Experimental and Control Treatments
  - Discontinuations ranging from ~10% to ~50%

Method A and Method B perform similarly

Method A is easier computationally when the outcome is normally distributed.



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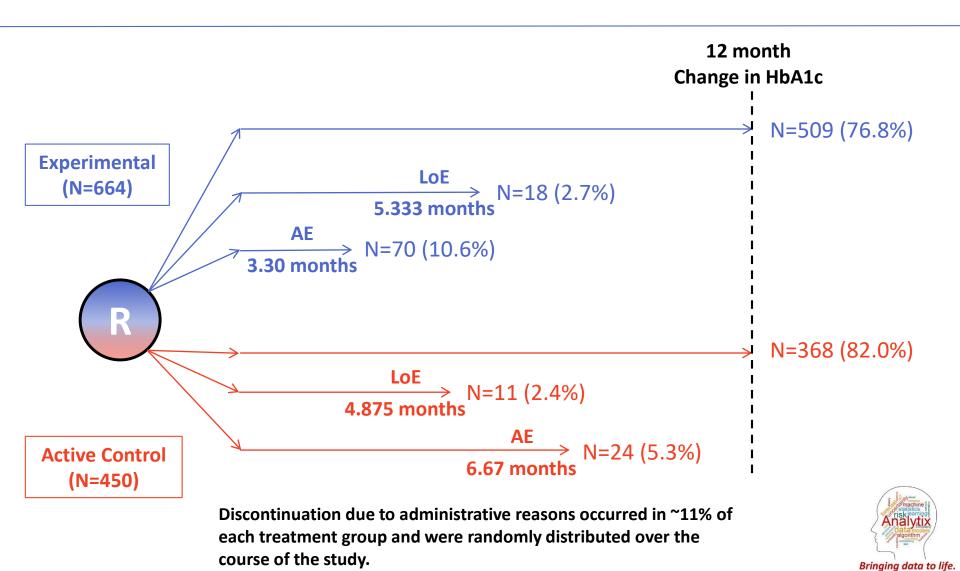
**Estimators for Causal Inference** 

#### **Example**

Discussion



# Example (Diabetes)



# Example (Diabetes)

In WHAT Population are we interested?

$$E \{ Y(1) - Y(0) \mid S = A++ \}$$

(adherent to experimental <u>and</u> active control)

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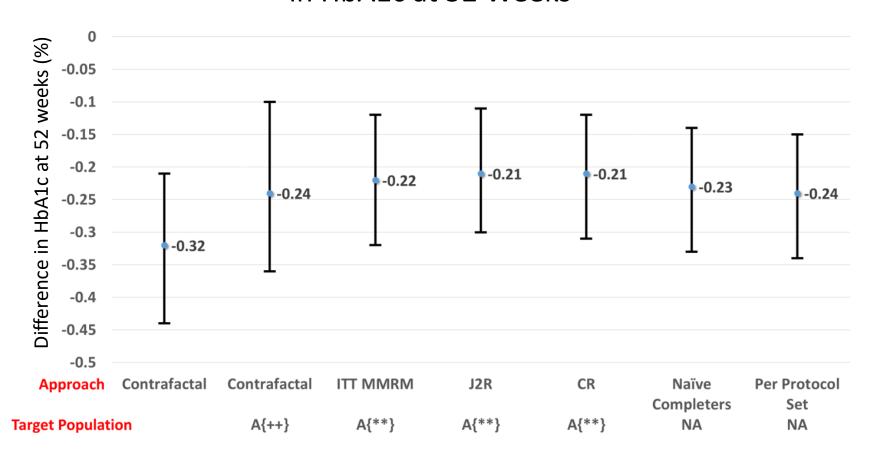
We could examine ...

$$E \{ Y(1) - Y(0) \mid S = A*+ \}$$

(adherent to experimental **regardless** of active control adherence)



# Treatment Difference between Experimental and Active Control in HbA1c at 52 Weeks



Abbreviations: NA = not applicable; ITT = Intent-to-Treat; MMRM = Mixed Model Repeated Measures; J2R – Jump to Reference; CR = Copy Reference

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### Discussion

**Casual** Inference – Completers Analysis

$$E[Y(1) \mid A(1)=1] - E[Y(0) \mid A(0)=1]$$

**Causal** Inference

$$E[Y(1) - Y(0) | S]$$

More work on variance of these estimators



## Discussion

#### Missing at Random assumption

- Quite reasonable to believe that discontinuations of treatment are related to the efficacy and safety of the treatment
- Some data MCAR (administrative drop-outs)

#### **Causal Inference**

It's more complicated, but ... worth it given the cost of clinical trials.



# What are the Right Questions?

Patient /
Physician

What happens when I take this medication?

Researcher

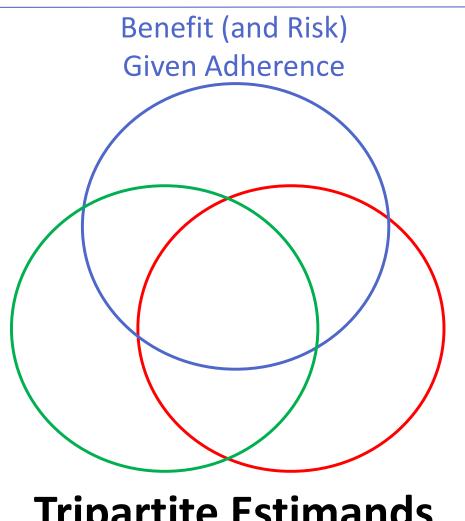
What are the causal effects of treatment?

Regulator

What are the benefits and risks of treatment?

Tripartite Estimands

# What are the Right Questions?



Probability of **Adverse Event** 



Probability of

Lack of Efficacy

#### Discussion

# Why can't Estimand 3 be the gatekeeper to regulatory review (i.e. p < 0.05)?

(PS: It can!)

(PPS: Physicians think this is what we give them.)

... Then assess risks in this context.



## The Final Answer

"... I hope we also recognize when what's meaningful to our patients trumps anything medical that we can offer."

Mikkael A. Sekeres, M.D.

"The Best Medicine? What's Meaningful to Our Patients"

New York Times

3 May 2018

Stephen J. Ruberg ASA Bipharm Workshop

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Bringing data to life.

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## **Presentation Estimands**

- 1. Proportion of those who had an adverse reaction to these concepts/recommendations
- 2. Proportion of those who tuned out due to lack of interest
- 3. For those who followed this presentation to the end ...

### THANK YOU.

I hope the expected change in your thinking is scientifically meaningful!!

